

Agenda



LLPU
CONFERENCE
SHOULDER
ARTHROSCOPY



07:30-8:30

Registration

8:30-8:33

Opening, Dr. Kaspars Ūdris

8:33-8:36

Parliamentary Secretary · Ministry of Health Artjoms Ursulskis

8:36-8:40

Chairperson of the Board of Saldus Medical Center, Nellija Kleinberga,

8:40-8:45

Chairman of the Board of Jēkabpils Regional Hospital, Ervins Keišs

SESSION 1

Moderators: Dr. Visams Rafaels, Latvia / Dr. Mārtiņš Malzubris, Latvia

8:50-9:00

How to make Shoulder diagnostic Easy, Fast algorithm - Dr Ruslans Sergienko, Ukraine

9:02-9:12

Ultrasound Examination of the shoulder - Dr. Anna Vovchenko, Ukraine

9:14-9:26

Causes and treatment of adhesive capsulitis, Dr. Ēriks Ozols, Latvia

9:28-9:38

Athroscopic double or single row rotator cuff repair by Dr. Visams Rafaels, Latvia

9:40-9:50

Anatomic Total Shoulder Arthroplasty by Dr. Aigars Vugulis, Latvia

Discussion.

SESSION 2

Moderators: Dr. Visams Rafaels, Latvia / Dr. Mārtiņš Malzubris, Latvia

10:00-10:10

Transosseous rotator cuff repair with very low fixation - Dr. Rimtautas Gudas, Lithuania

10:12-10:22

Comparative analysis of individual surgical cases using the Latarjet valve surgery methodology with arthroscopy control - Dr. Maksims Golovaha, Ukraine

10:24-10:34

Subacromial conflict. Pathogenesis, consequences and treatment strategies - Dr. Ruslan Sergienko, Ukraine

10:36-10:46

Personalized active rehabilitation in operated shoulder patients - 10 years experience in Tartu University Hospital, Dr. Leho Rips, Estonia

10:48-10:58

Is the subacromial spacer - "Inspace Baloon" an option for elderly patients with painful massive rotator cuff tears. Dr. Andrejs Peredistijs, Latvia

11:00-11:35

Coffee break

Moderators: Dr. Visams Rafaels, Latvia

11:35-11:45

Experience and Events in Ukraine, Dr. Mārtiņš Malzubris, Latvia

11:00-11:35

Arthrex Breakout Session. Presenter Dr. David Martinčič (Slovenia, University Medical Centre Ljubljana). My Strategy in Rotator Cuff Repair

Live Surgery I

Moderators: Dr. Ēriks Ozols, Latvia (Pre-op case reviews), Dr. Maksim Golovakha, Ukraine

12:00-12:30

Shoulder arthroscopy rotator cuff repair - Dr. Bartłomiej Kordasiewicz, Poland and Dr. Kaspars Ūdris, Latvia

Live Surgery II

Moderators: Dr. Ēriks Ozols, Latvia (Pre-op case reviews), Dr. Maksim Golovakha, Ukraine

12:35-13:05

Shoulder Arthroscopy: Rotator Cuff Repair - Dr. Roman Brzoska, Poland and Dr. Kaspars Ūdris, Latvia

13:05-13:45

Lunch break

13:15-13:45

Arthrex Breakout Session. Presenter Dr. David Martinčič (Slovenia, University Medical Centre Ljubljana). My Strategy in Rotator Cuff Repair

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SESSION 3

Moderators: Dr. Visams Rafaels, Latvia, Dr. Leho Rips, Estonia

- 13:45-13:55** Rehabilitation of shoulder range of motion (ROM) - adhesive capsulitis/frozen shoulder.
Physiotherapist Juta Baumanė, Latvia
- 13:57-14:07** Shoulder joint, rotator cuff, postoperative period from a physiotherapist's perspective.
Physiotherapist Daina Millere, Latvia
- 14:09-14:19** Pre - Rehabilitation effectiveness for successful outcome after surgery, Physiotherapist Ieva Vosele, Latvia

Live Surgery III

Moderators: Dr. Rimtautas Gudas, Lithuania, Dr. Aigars Vugulis, Latvia (Pre-op case reviews)

14:20-15:00 Shoulder Arthroscopy: Rotator Cuff Repair - Dr. Viktoras Jermolajėvas, Lithuania and Arnis Greizis, Latvia

Live Surgery IV

Moderators: Dr. Rimtautas Gudas, Lithuania, Dr. Aigars Vugulis, Latvia (Pre-op case reviews)

15:55-16:25. Shoulder arthroscopy rotator cuff repair - Dr. Kaspars Ūdris, Latvia, Aleksandrs Šapovalovs, Latvia

16:25-16:55

Coffe break

SESSION 4

Moderators: Dr. Maksim Golovakha, Ukraine Dr. Ēriks Ozols, Latvia

- 16:55-17:10** Arthro Latarjet outcome in athletes. Dr. Roman Brzoska, Poland
- 17:12-17:24** Early arthritis - shoulder CAM procedure - Dr. Alo Kullerkann, Estonia
- 17:26-17:36** Arthroscopic Latarjet. Dr. Bartłomiej Kordasiewicz, Poland
- 17:38-17:48** LHB augmentation form massive RTC. Dr. Roman Brzoska, Poland
- 17:50-18:00** Individual shoulder arthroplasty for glenoid defects - Dr. Maksim Golovakha, Ukraine
- 18:02-18:12** Stemcell arthroplasty - anatomic and revers. Dr. Bartłomiej Kordasiewicz, Poland
- 17:50-18:00** Controlled hypotensive anesthesia for shoulder arthroscopy in the beach - chair position: risks and benefits.
Dr. Jurijs Bormatovs, Latvia
- 18:00-18:10** Discussion
- 18:10-18:20** Latissimus dorsi transposition. Dr. Viktoras Jermolajėvas, Lithuania
- 18:22-18:30** Latarjet stabilization. Dr. Kaspars Ūdris, Latvia
- 18:32-18:55** Treatment options for massive rotator cuff tears. Dr. Viktoras Jermolajėvas, Lithuania
Discussion.
- 19:00** Closing Speech Dr. Kaspars Ūdris, Latvia